

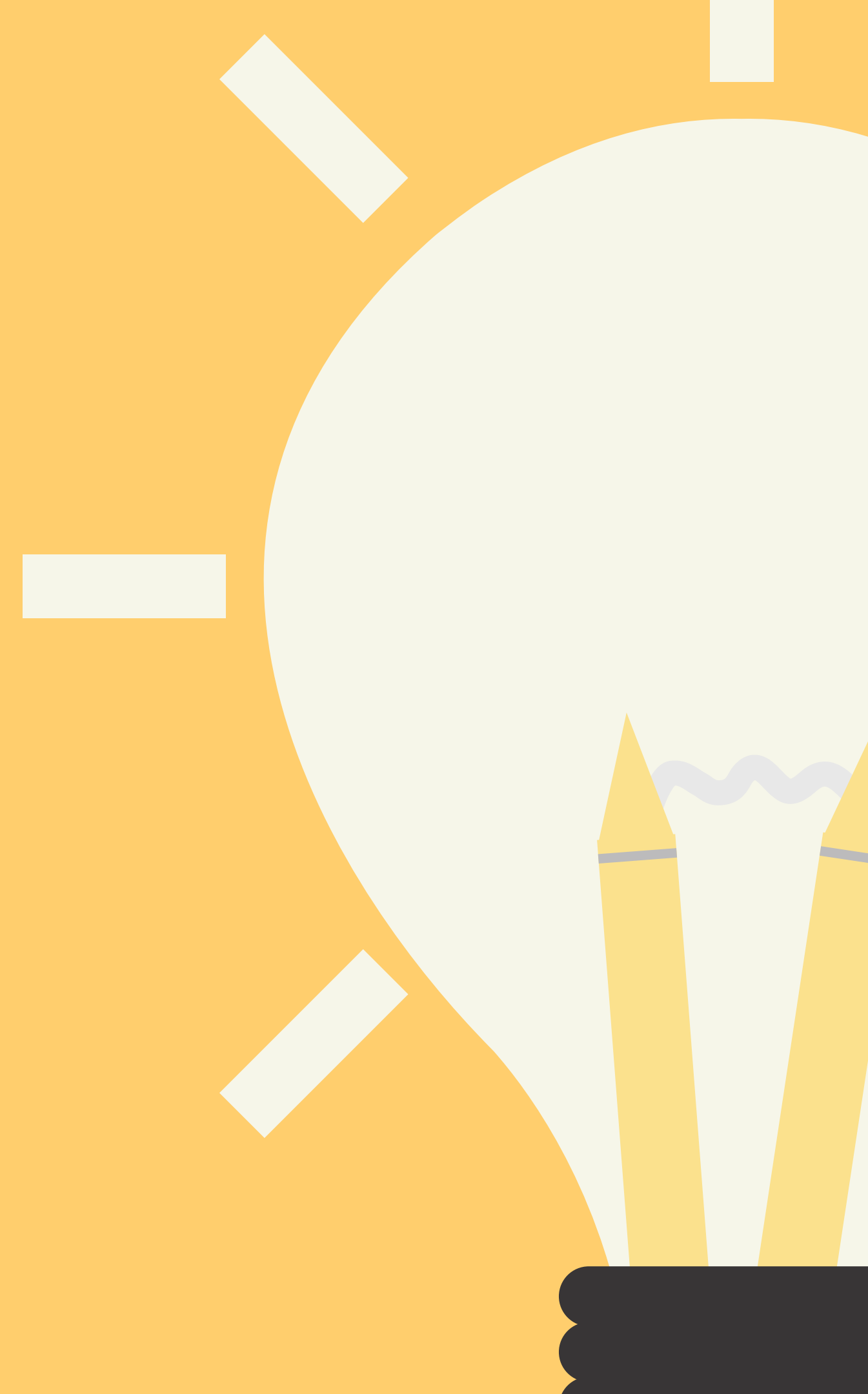
# ARE YOU STUPID?

BY ENGLICITY.PL

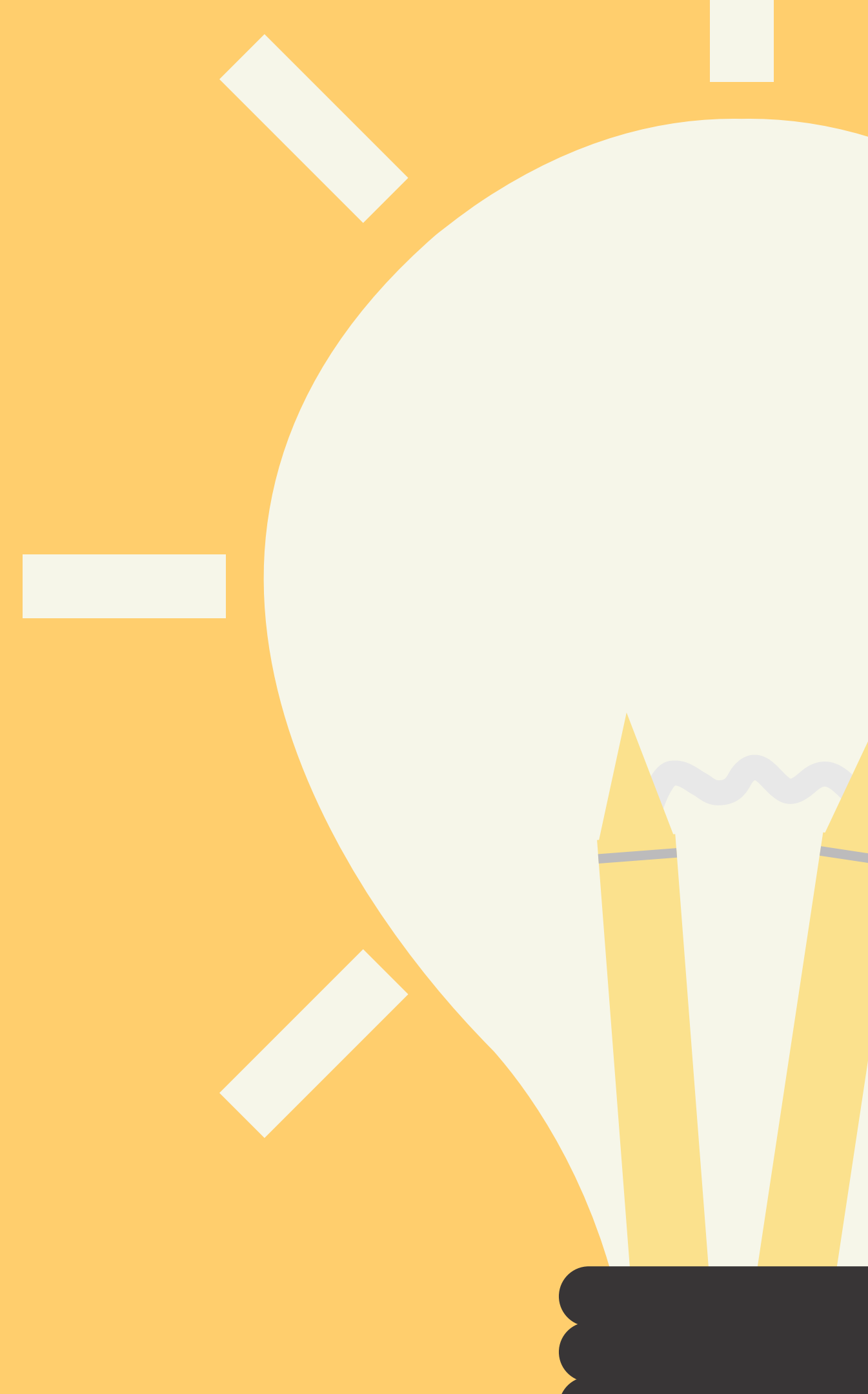
B2



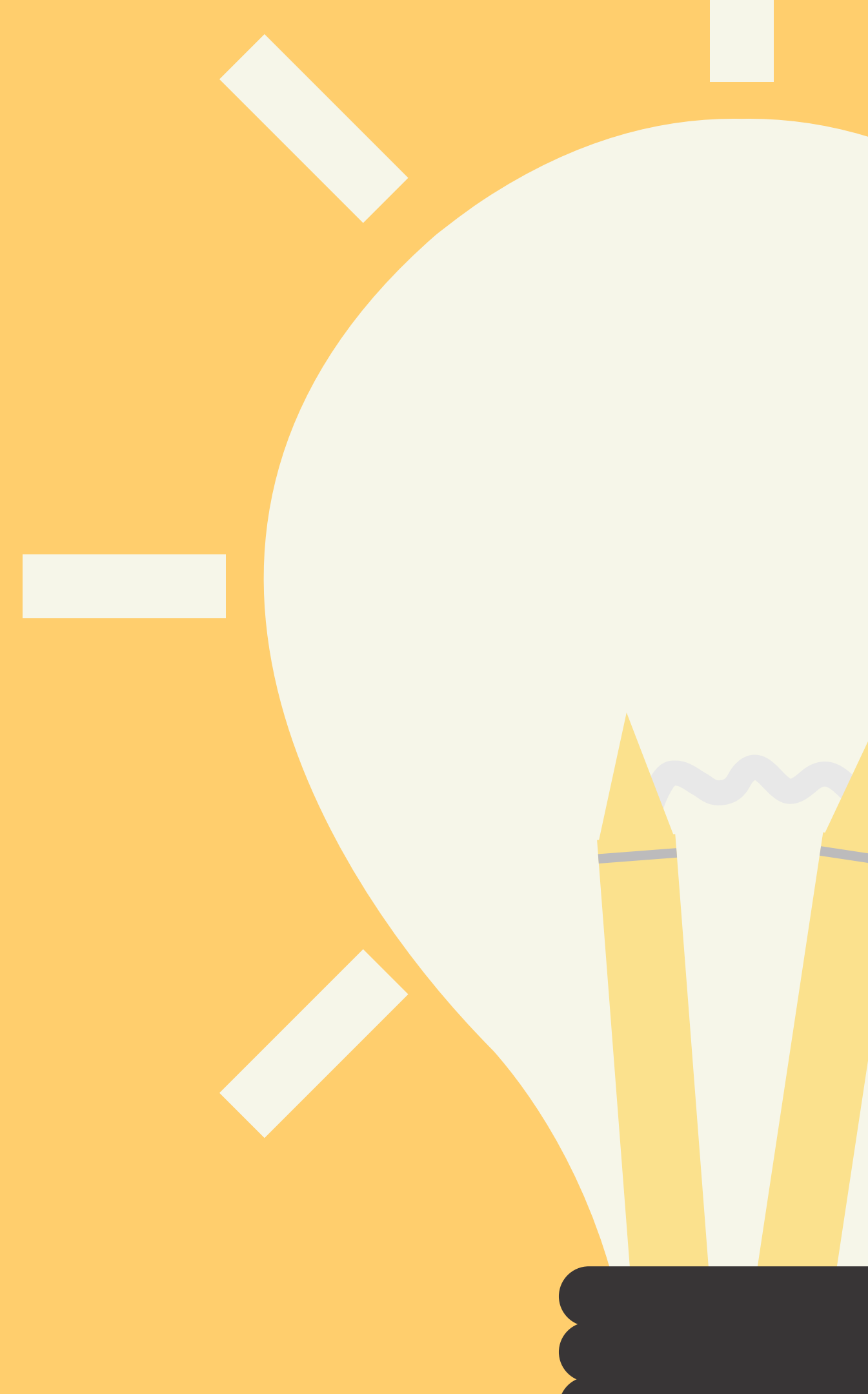
**HAVE YOU EVER  
EXPERIENCED A SITUATION  
WHERE SOMEONE THOUGHT  
THEY KNEW A LOT ABOUT  
SOMETHING BUT ACTUALLY  
DIDN'T?**



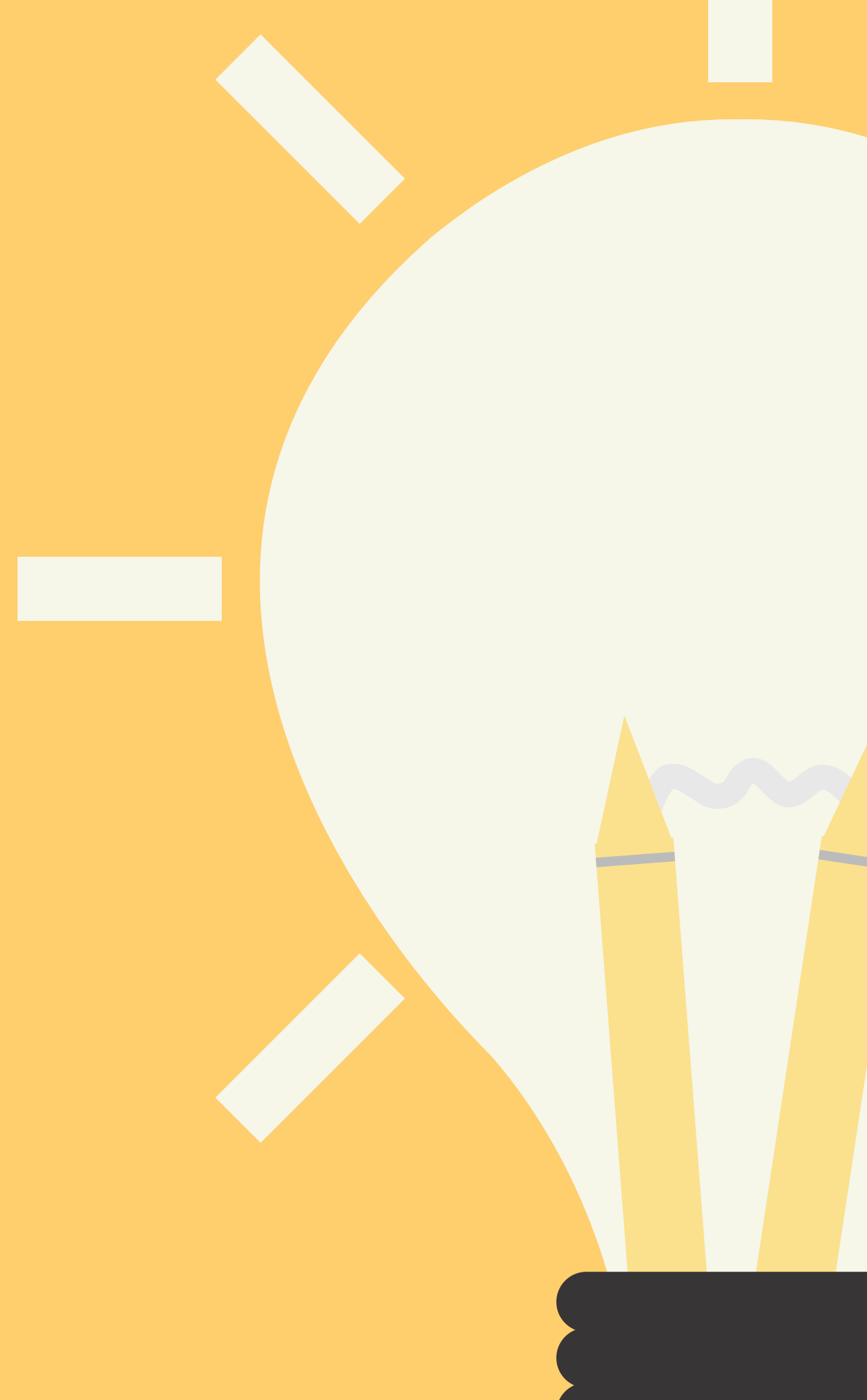
**HOW WOULD YOU DEFINE  
CONFIDENCE AND  
COMPETENCE? ARE THEY  
ALWAYS CONNECTED?**



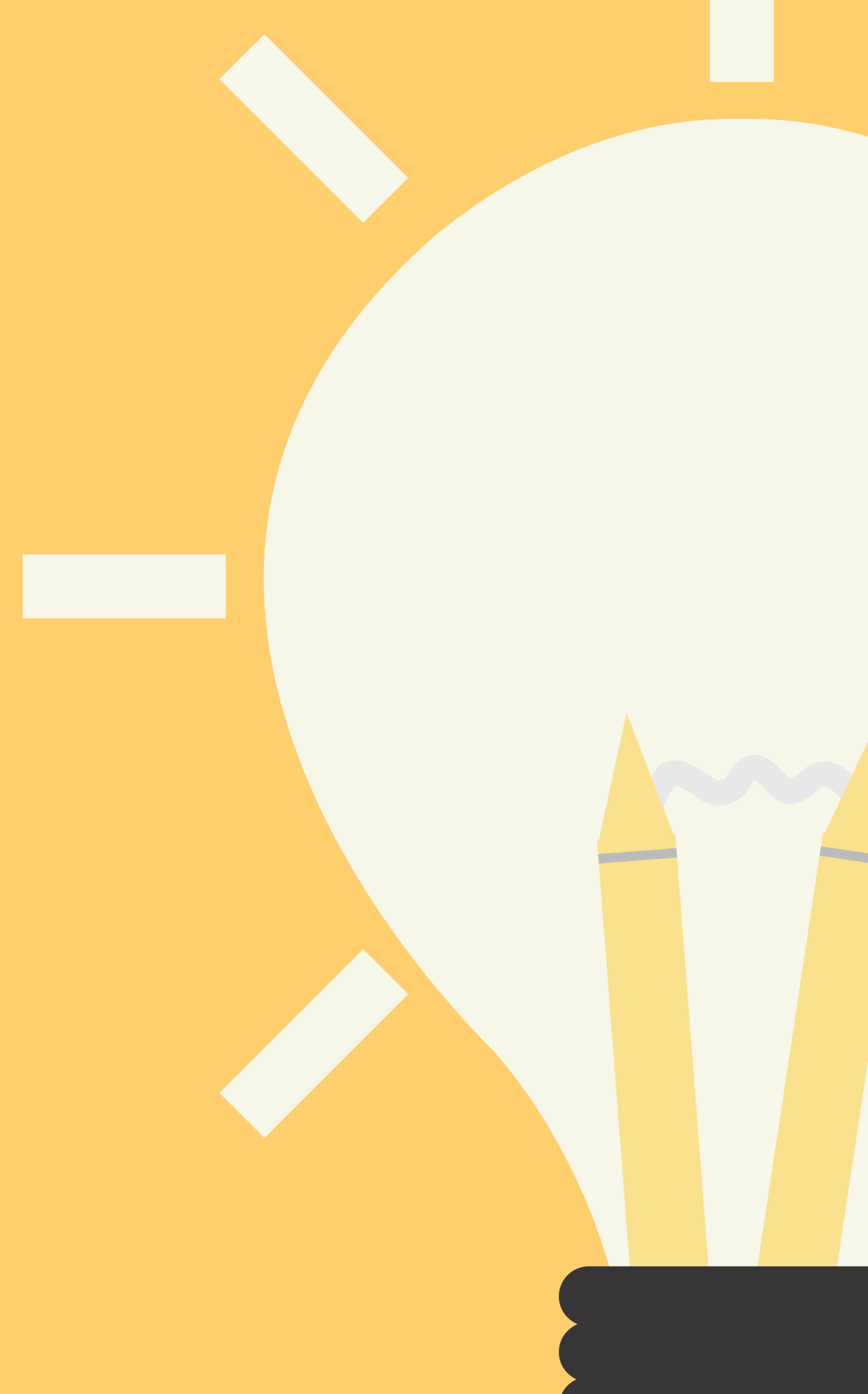
**CAN YOU THINK OF A TIME  
WHEN YOU REALIZED YOU  
KNEW LESS ABOUT A TOPIC  
THAN YOU INITIALLY  
THOUGHT?**



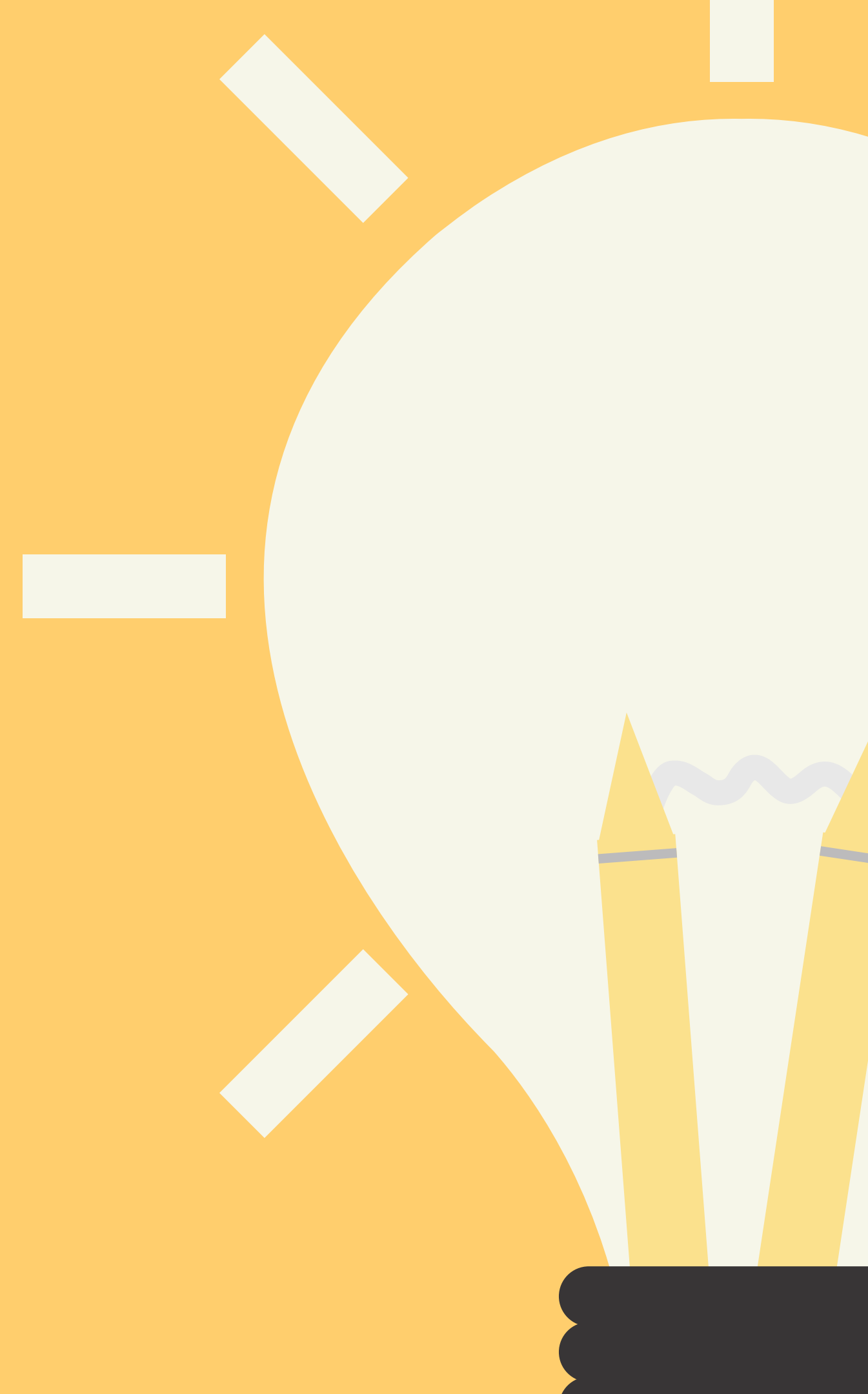
**WHY DO YOU THINK SOME  
PEOPLE OVERESTIMATE  
THEIR ABILITIES IN  
CERTAIN AREAS?**



**IN YOUR OPINION, IS IT  
BETTER TO BE AWARE OF  
YOUR LIMITATIONS OR TO  
BE OVERLY CONFIDENT?**



**HOW DO YOU FEEL WHEN  
YOU DISCOVER THAT YOU  
WERE WRONG ABOUT  
SOMETHING YOU WERE  
CONFIDENT ABOUT?**



**WATCH THE  
VIDEO (0-0:55)  
AND ANSWER THE  
QUESTIONS.**





1. Are we good at evaluating ourselves?
2. What is the Dunning-Kruger effect?

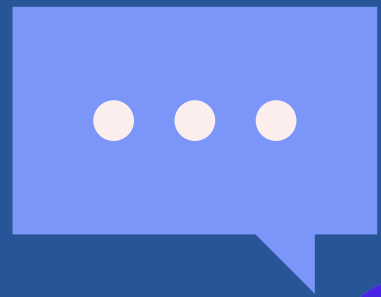
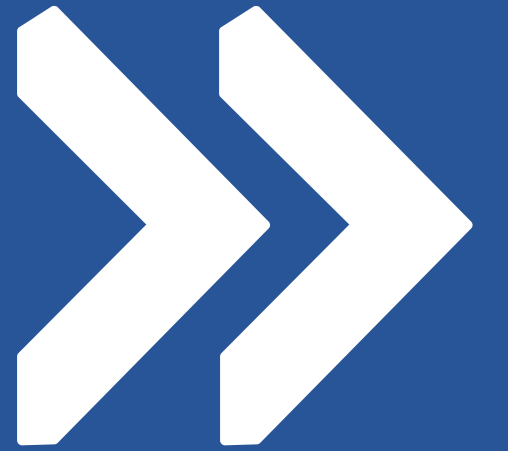
# 1

# ANSWERS

1. "But psychological research suggests that we're not very good at evaluating ourselves accurately. In fact, we frequently overestimate our own abilities."
2. "Researchers have a name for this phenomena, the Dunning-Kruger effect."



**WATCH THE  
VIDEO (0:55–2:06)  
AND DESCRIBE  
THE PRESENTED  
STUDIES.**





Describe two studies presented in the video.

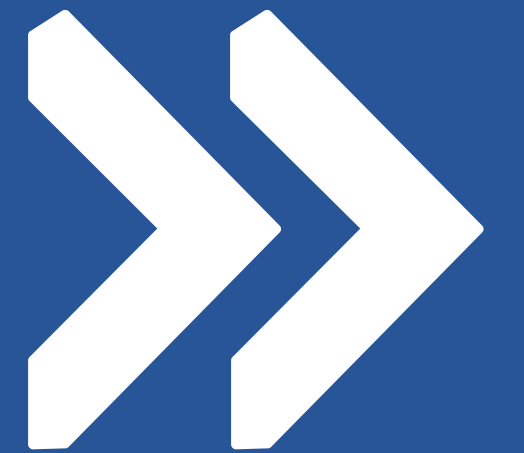
## 2

# ANSWERS

1. "When software engineers at two companies were asked to rate their performance, 32% of the engineers at one company and 42% at the other put themselves in the top 5%."
2. "In another study, 88% of American drivers described themselves as having above average driving skills."



**WATCH THE  
VIDEO (2:06-4:12)  
AND ANSWER.**



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Why do we suffer from the  
Dunning-Kruger effect?

# 3

# ANSWERS

1. "Poor performers lack the very expertise needed to recognize how badly they're doing."
2. "Meanwhile, experts tend to be aware of just how knowledgeable they are. But they often make a different mistake: they assume that everyone else is knowledgeable, too. The result is that people, whether they're inept or highly skilled, are often caught in a bubble of inaccurate self-perception. When they're unskilled, they can't see their own faults."



# WHAT DOES IT MEAN?

“This effect explains why more than 100 studies have shown that people display illusory superiority.”



# WHAT DOES IT MEAN?

“These aren't isolated  
findings.”



# WHAT DOES IT MEAN?

“On average, people tend to rate themselves better than most in disciplines ranging from health, leadership skills, ethics, and beyond.”



# WHAT DOES IT MEAN?

“So who's most  
vulnerable to this  
delusion?”



# ANSWER



01

How do you **display** your creativity?

02

Have you ever felt a sense of **superiority**?

03

What are your **findings** on the most effective learning techniques?

# ANSWER



01

Can you share some hobbies **ranging from** adventurous to more relaxed activities?

02

When do you feel most **vulnerable**, and how do you cope with it?

03

Have you ever pushed yourself **beyond** your comfort zone?

**WHAT CAN YOU  
DO TO FIND OUT  
HOW GOOD YOU  
ACTUALLY ARE  
AT VARIOUS  
THINGS?**



**WATCH THE VIDEO (4:14-)  
AND FIND OUT.**

The image shows a YouTube video player thumbnail. At the top left is the TED Ed logo. The title of the video is "Why incompetent people think they're amazing - David ...". At the top right is a red circular button with a white arrow and the text "TEDEd Share". The main visual is a cartoon illustration of a king's head wearing a crown, set within a circular frame that has a red outer ring with white dots and a yellow inner circle. A large red play button is centered over the illustration. To the right of the illustration, the text "WHY INCOMPETENT PEOPLE THINK THEY'RE AMAZING" is written in large, bold, yellow capital letters. At the bottom left, there is a black bar with the text "Watch on" followed by the YouTube logo and the word "YouTube".

04

# ANSWERS

1. "Ask for feedback from other people, and consider it, even if it's hard to hear."
2. "Keep learning. The more knowledgeable we become, the less likely we are to have invisible holes in our competence."



# WHAT DOES IT MEAN?

“Perhaps it all boils down to that old proverb:  
When arguing with a fool, first make sure the other person isn't doing the same thing.”



# WORD FORMATION

Complete with:  
overestimate  
underestimated  
estimate  
estimation

1. She will ..... the cost before starting the project.
2. Don't ..... your abilities; be realistic.
3. The team ..... the challenge they would face.
4. Our ..... of the market demand was incorrect.

# ANSWERS

1. She will **estimate** the cost before starting the project.
2. Don't **overestimate** your abilities; be realistic.
3. The team **underestimated** the challenge they would face.
4. Our **estimation** of the market demand was incorrect.

# MAKE SENTENCES WITH...



overestimate

proverb

vulnerable

range

isolated

findings

display

superiority

beyond

# CHCESZ DOSTAWAĆ WIĘCEJ TAKICH LEKCJI ZA DARMO?

Zapisz się na newsletter, a raz w miesiącu  
wyślę Ci lekcję, której nie ma na blogu.



Chcę otrzymywać lekcje

\*Po zapisie **koniecznie** potwierdź swój udział w pierwszym mailu. Inaczej nic nie będę mogła Ci wysłać.